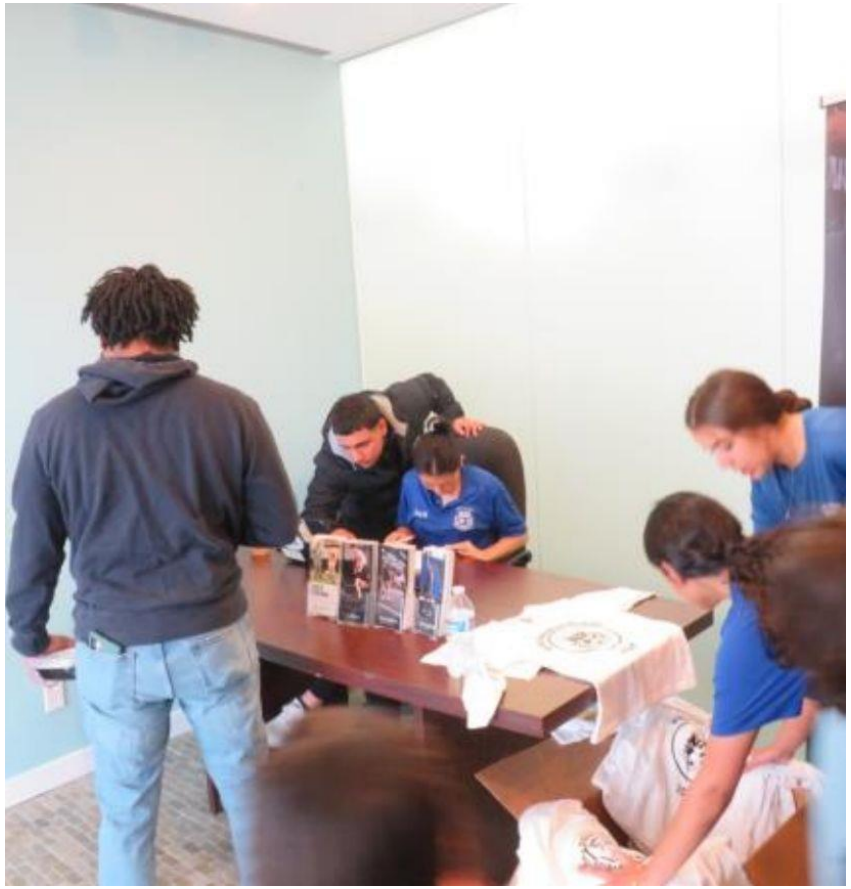
YOUNG
COACHES
PROGRAM

MISSION STATEMENT

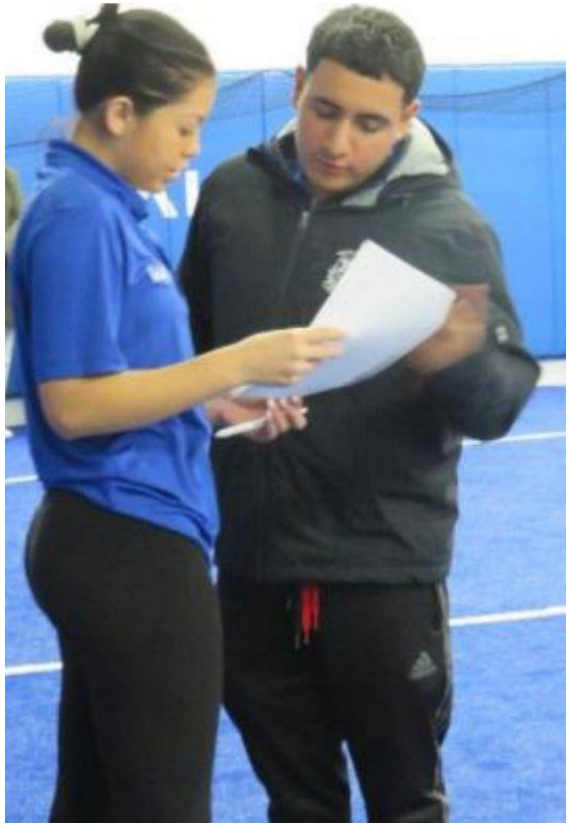
We use the sport of soccer to empower youth to enrich their lives and develop them as leaders in their communities.

CORE VALUES



- **Giving Back** – Our young coaches pay it forward, directing their passion through helping their communities.
- **Respect** – Coaches are taught to respect themselves and honor the dignity of others regardless of who they are or where they come from.
- **Excellence** – We expect the best of ourselves and each other.
- **Empowering others** – We push for the success of others and solve problems through teamwork and seeing each challenge as an opportunity to grow and learn.
- **Be transparent** – Encourage honesty, respect, and open and clear communication in all we do.

OUR HISTORY



THE YOUNG COACHES PROGRAM (YCP) was founded in 2015 by the Youth Soccer of New Rochelle (YSNR) Recreational Board to give New Rochelle middle and high school students, particularly soccer athletes, the opportunity to work with the recreation soccer program. In doing so, the members of the YCP would get valuable first-hand experience learning to coach under the guidance and direction of our professional trainers.

The members of the YCP would also learn to function as part of a team with the goal of imparting their passion for soccer to the younger children in the Recreational League.

The YCP has grown tremendously over the years and is a staple of YSNR's program each week. We are proud to note that all our young coaches have graduated from High School and enrolled in College.

WHO WE ARE

The YCP consists of boys and girls ages 14-18 from all over New Rochelle including students from both middle schools and our high school. Although it is not required, most of our members are student-athletes. Many of them were once Recreational League players growing up.

They are supervised by our YSNR Director and on-site professional coaches, also consisting of New Rochelle residents. YSNR is a grass-roots soccer program dedicated to serving our community. We do not turn anyone away.

The YCP members also allow many students use to obtain community service hours, first-hand work experience, and prepares them for managerial and supervisor roles.

WHAT WE DO

- Our goal is to provide our young coaches the skills to manage a group of children, ages 4-10, and ensure they are learning and having fun each day of the Recreational League. The young coaches aid in planning and assisting soccer training sessions as well as all field set up and clean up. Overall, the young coaches look to bring their love of soccer to the field and impart their enthusiasm and positive attitude to our Recreational League players and parents.
- The basis or our YCP is a pathway system. We have three different levels of young coaches. We vary from Junior coaches to Senior young coaches and the goal is to reach Manager level young coaches as alumni. The focus of our Junior coaches (ages 12-16) is to develop their maturity and responsibility so they can take direction from other more experienced coaches. Our Junior coaches primarily responsible in making sure the field is up and running by 8:45 by the time our first kids arrive each day. Our Senior coaches assist in setting up but play a larger role in hands on training with the children. Our Senior young coaches can perform basic coaching skills under the direction of our YSNR supervisors or professional trainers and can run a 30-minute training session with a group of 6-8 kids. Our Managers are one of the most important roles in our organization because they are the ones that make sure everything runs smoothly from set up to training to final break down and clean up. Our Managers are also the first faces the kids see each day.

OUR IMPACT

Many of our young coaches start in middle school. Throughout the past seven years, our YCP has graduated over 200 young coaches.

Many of which have gone on to continue to further their education at the college level. Even in college, many of our young coaches continue with our program.

OUR GRADUATED YOUNG COACHES

Here are just a few of our graduated young coaches and what they are up to presently:

- **Christopher Collins** (Class of 2020) - Nyack College/YSNR Manager
- **Nacir Meikle** (Class of 2020) - SUNY Broome/YSNR Manager
- **Jorge Gonzalez** (Class of 2020) - YSNR Operation Manager
- **Barbara Meda** (Class of 2022) - Lehman College/YSNR Manager
- **Jose Deleon** (Class of 2020) - University at Albany/YSNR Manager
- **Judah Johnson** (Class of 2020) - West Point Military Academy Manager
- **Arianna Beharry** (Class of 2021) - Mercy College/ YSNR Manager
- **Giselle Reyes** (Class of 2022) - NYU/YSNR Manager
- **Miranda Fritsch** (Class of 2021) - Rollins College/YSNR Manager
- **Jordan Reyes** (Class of 2021) - WCC/YSNR Manager
- **Sebastian Tejada** (Class of 2021) - Iona College/YSNR Manager

Testimonial

Nacir Meikle
(Class of 2020)- SUNY Broome/YSNR

The youth soccer program has helped me in more ways than one could imagine it's taught me how to be a leader it's taught me how to be confident he taught me many life skills, and how to deal with people and how to improve on teaching myself new things and teaching other people do things. But the experience of gain with youth soccer from the start it let me into becoming an RA in my dorm, and it's letting me into being more willing to take on more challenging and leadership roles in my life to get further in my life.

Christopher Collins
(Class of 2020) Nyack College

The Young coaches Program has given me a safe space to grow as a coach, a soccer player and a person. It has provided me support and encouragement to pursue my passion of working with children and being an involved member of the community. As a former Youth Soccer of NR rec player, I am incredibly grateful that I am able to give back to the program that started my very own soccer career.
I have learned how to be responsible, dedicated and most importantly how to build strong bonds with kids and my coworkers. The young Coaches Program taught me how to support one another and be there for each other. This program has taught me how co-workers can turn into family.

Testimonial

Arianna Beharry

(Class of 2021)- Mercy College/ YSNR

Young coaches is a great program that has helped me over the years become more involved in my community and develop new skills that I can use in my future. Being a part of a program like this definitely allows me to get more opportunities to be able to talk to and meet many new people and also just has been a great learning experience overall.

This program has taught me a lot when it comes to being able to communicate with people of all ages and be able to help run an organization and make sure things go smoothly. I've learned how to be more patient with kids who are really young and also how to communicate professionally to adults who bring their kids to play soccer. Even when it comes to the work behind the scenes, I've learned that it's good to give and take constructive criticism and work as a team to make sure things can get done in an efficient way.

Judah Johnson

(Class of 2020)- West point Military Academy

Being part of the Young Coaches program taught me the importance of community. Seeing kids from all over New Rochelle come together to play soccer was a beautiful thing to witness. I made many friends both in the program and on the field. Additionally, I learned how to make quick decisions and adjust when things don't go exactly as planned. I found this skill very helpful in management positions I have taken up recently. Most importantly, I reinforced a lot of my soccer fundamentals by teaching them to younger kids. This helped me improve my own skill.

Testimonial

Jose Deleon

(Class of 2020)- University at Albany/YSNR

It has been impactful to me because all the young coaches are around the same age which means that we are all having a little taste of real life dealing with parents and the job itself. I also meet new people that I don't know which leads to talking making me more confident. Overall this is a good program and would definitely recommend it to younger kids.
I learned that as a group communication is top priority because it makes everything go smooth leading to a successful weekend of work. I also learned to have fun because we are also working with little kids and we need to make it fun for them as well. Most important is having a smile on my face and just happy to have a great team beside me striving for greatness for this program.

Sebastian Tejada

(Class of 2021)- Iona College/YSNR

The young coach program has been impactful to me in various ways, it has helped me become a part of the community more and appreciate it more as well. The program has helped me gain leadership experience by either coaching the kids and showing them how to progress and get better in soccer and teaching the young coaches how to coach the kids and to be patient and understanding with a kid. I hope to keep growing in this program and help it become a great place for children to begin to love the sport and learn how to be better.
In this program I have learned mainly how to teach and understand the way a kid thinks to better help me coach and how they progress. It has also helped me understand how a child learns and finding various activities to engage a child to let them have fun and also improving their soccer skills.

Testimonial

Giselle Reyes
(Class of 2022)- NYU/YSNR

The young coaches have been impactful in so many ways. Not only has it allowed me to build connections with other co-workers but young children as well. It has also taught me how to deal with certain situations and appreciate the community we have built. It can only keep getting better as we go. I have learned how to be patient and respectful. It has also taught me how to love the sport of soccer even more as days go by so I appreciate it for that.

Gaby Meda
(Class of 2020)- Lehman College/YSNR

The Young coaches Program has given me a safe space to grow as a coach, a soccer player and a person. It has provided me support and encouragement to pursue my passion of working with children and being an involved member of the community. As a former Youth Soccer of NR rec player, I am incredibly grateful that I am able to give back to the program that started my very own soccer career.
I have learned how to be responsible, dedicated and most importantly how to build strong bonds with kids and my coworkers. The young Coaches Program taught me how to support one another and be there for each other. This program has taught me how co- workers can turn into family.

Testimonial

Jordan Reyes
(Class of 2021)- WCC/YSNR

The young coaches have been impactful for me in many ways whether it's me talking to one of the younger guys/girls or them talking to me. This also impacted me dearly in life to the point where if I'm in a situation where I don't feel comfortable talking to an adult I know I can talk to a coach or even a supervisor which has happened before. This group also taught me that we are serious at work, but any chance we get to smile we always do when we are together whether it's on or off the field.

The young coaches program has impacted me a lot over life. It taught me how to grow as a person and in life. Another thing, the young coaches program taught me that no matter what real life problem or situation in life I have gone through, I know I can talk to every single one of them and they can do the same with me or anyone in the organization . This program has also taught me that we aren't all just friends at the field we are family. On and off the field we hang out with many of the kids and try to provide many fun activities for the kids to do, whether it's having a little get together with all the coaches or just a couple of the coaches at someone's house or even at a restaurant.

SERVICES OUR PROGRAM OFFERS

- Recreational Soccer for Youths
- Mentorship
- After school
- Mental Wellness
- Networking

SERVICES OUR PROGRAM OFFERS

Recreational Soccer for Youths

- Professionally trained young coaches.
- Professional training & game-like competition every week!
- Child assigned to a team for the season.
- Our Program is designed for players in the Pre-K - 8th grade.
- Licensed and experienced coaches work closely with players through a curriculum.
- Gradually introduces new technical skills, tactical elements, and team concepts.

SERVICES OUR PROGRAM OFFERS

MENTORSHIP

- Develop and empower young students-athletes so they can contribute to enriching the lives of younger kids in our community via our Recreation Soccer program.
- Firsthand learning experience on the field to engage & interact with professional trainers, parents and players.
- Give young coaches the opportunity to develop their resume and grow in managerial experiences throughout high school and college.
- Opportunity for young coaches to build community work credits with the work focus on students becoming college and career ready.
- Train students, transform students and educate students.

SERVICES OUR PROGRAM OFFERS

AFTER SCHOOL

- Some of our young coaches have been selected by their teachers and principals to tutor younger students in math, science, language art and social studies.
- Volunteer student hours will be used towards community services hours and college recommendation.

SERVICES OUR PROGRAM OFFERS

MENTAL WELLNESS

- Our YCP also seeks to provide a supportive environment to help our students learn how to find balance and succeed as while facing stressors.
- We directly address mental wellness to increase awareness and reduce any stigmas associated with mental health.

SERVICES OUR PROGRAM OFFERS

NETWORKING

- Learn job search skills and including starting a business.
- Learn how to invest and manage money.
- Learn how to manage daily expensive and budget.

OUR PROGRAM DEMOGRAPHICS

Typically, 16-24 Year Olds

- **Beginners CIT** – Coaches in training as young as 12 year old.
- **Mid Level** – Upper Middle School and High School freshman and Sophomore.
- **Supervisors** – At least 3 years in the program, High School Juniors, Seniors and College students.
- **Managers** - Manager in admin roles and leading YCP coaches and monitoring programs.

Upcoming Events

- YCP Drug addiction, overdoes and mental wellness seminar (Online or in person)
  February date to be announced
- YCP Career path/guidance seminary (Online or in person)
  February date to be announced
- YCP Recruiting volunteers' online afterschool assistance
  February date to be announced
- YCP on the field mentorship program at Rec soccer recruiting.
  March date to be announced
- Food and nutrition event. Exercising and eating well.
  March date to be announced

Signup

Visit Young Coaches Program's Secure Website
To Sign Up for the Program or Volunteer

Fill Out an Application at
www.youngcoachesprogram.org

Questions?
Connect with **Vanetta Beharry**

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Email:
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Ways to Donate & Sponsor

Visit Young Coaches Program's Secure Website to Donate/Sponsor

www.youngcoachesprogram.org

Donation Level
$30
$50
$100
$250
Custom

Sponsorship (with banners on the site)
$250
$500
$1000
$2000
Custom

STAFF & SUPPORTERS

- Staff
- Board
- Supporters
- Partnerships

STAFF

Dady DJ. Johnson
Chief Executive Officer

Vanetta Beharry
Chief Operating Officer

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